Dario Calvaruso

Navakaraņa Vinyāsa Events

Asia - Spring and Summer 2017

Seoul - South Korea

Navakarana Immersion Teacher Training Programme*

Seoul - Korea Yoga College March 4-5, 11-12, 18-19, 2017

Shanghai

Navakaraṇa Vinyāsa Immersion Workshop Series, Inversion, Arm Balancing & Conditioning*

Pure Shanghai, Plaza 66 - March 24-26, 2017 Pure Shanghai, IAPM Mall - August 11-13, 2017

India

Navakarana Vinyāsa and Āyurveda Retreat*

Isola Di Cocco Beach Resort, Kerala, India April 8-15, 2017

Shanghai

Navakaraṇa Vinyāsa Hṛdayam 108-hr Accredited Teacher Training Programme*

Pure Shanghai, IAPM Mall April 22 to May 7, 2017

Hong Kong

Navakaraṇa Teaching Skills 216-hr Accredited Teacher Training Programme

Pure Hong Kong, Asia Standard Tower Part I (108hr): May 15-27, 2017 Part II (108hr): September 4-16, 2017

Hong Kong

Navakarana Vinyāsa 2-Weeks Morning Intensive

Pure Hong Kong, Asia Standard Tower

Part I (9hr): 6:45am-8:15am, May 15-27, 2017 Part II (9hr): 6:45am-8:15am, September 4-16, 2017

Seoul - South Korea Navakarana Vinyāsa Korea Yoga Marathon*

Seoul - Jangchung Gymnasium 241 Dongo-ro Jung-gu June 10, 2017

Hong Kong Assisted Stretch and Contortion Techniques Workshop Asia Yoga Conference

Hong Kong - Convention Centre June 11, 2017

Ulaanbaatar - Mongolia Navakarana Vinyāsa Hṛdayam 108-hr Accredited Teacher Training Programme*

Ulaanbaatar - Subudi June 15-27, 2017

Mongolia

"Near the Self" Desert Retreat Yoga Philosophy, Therapy and Meditation

Desert Camp, Gobi, Mongolia July 1-5, 2017

Ulaanbaatar - Mongolia Nomadic Yoga Festival Ulaanbaatar - Chingis Hure

Ulaanbaatar - Chingis Huree July 7-9, 2017

Guangzhou

Navakaraṇa Vinyāsa Hṛdayam 108-hr Accredited Teacher Training Programme*

U Yoga, Guangzhou

Part I (54hr): August 16-21,2017 Part II (54hr): December 4-10, 2017

For further details and registration please contact: dario.calvaruso@pure-

yoga.com

Note: *Programme conducted in English with live translation